

2025

# The HOB Family

## NEW YEARS NEWSLETTER

I thought maybe we could use a Family Newsletter. I stopped listening to the regular broadcast junk it is always the same and never positive. So let's share what's going on with the HOB.

Well the big news is a brand new year, the year of the snake yuk! But after the Dragon who flew through here last year before I could blink he was gone. So slithering may take a little longer, just hope we don't have to listen to too much "Snakeoil" salesmen. We have a new angel coming in the Spring, "Lucy Rodriguez" and some celebrations..

I have a TV show interview being broadcast on PBS Lost in LA. Will let you know when. I am also doing a Panel Discussion on February 1st at the Torrance Library. I have a new book published for my Angel "Katherine" available on Amazon in January. Two more before the end of February.

Kids are back to school and everybody is working, jobs are good. Will be starting the sports again soon.

I am planning a special event for Regina's 100th Birth Anniversary on May 7. She always said she wanted to reach 100 years. She wasn't able to do it here in this dimension but we will remember her and all the joy and love she shared with us. Papa

*Best wishes for the New Year!  
The HOB Family*



*1st Birthday for the New Year June -5*



### Our Smiles

### *Article in work.....*

### Plans for the New Year

If you have something special for this coming year please share it with us here.

As a matter of fact and record if you are a closet reporter or journalist we could use some help with content . Drop me a line or two.

## 2025 Resolutions:

### *A Family Affair*

Here comes 2025, we're ready to go,  
With resolutions stacked higher than snow.  
This year we'll conquer, no mountain too steep,  
Unless it's the laundry—then we'll just weep.

Dad says, "I'll get fit, run miles in the morn!"  
But we all know he'll hit snooze till the alarm.  
He bought fancy sneakers, bright neon green,  
They'll jog to the fridge—his routine's pretty keen.

Mom vows, "I'll cook more, no more takeout or snacks!"  
Then stocks up on noodles and freezer-packed Macs.  
Her Pinterest board's bursting with healthy new meals,  
But pizza delivery always appeals.

The kids are determined, their goals are supreme:  
"Less screen time this year,

we'll chase a big dream!"  
But TikTok still beckons, those dances are fire,  
And YouTube's a vortex that won't expire.

Grandma pipes up, "I'll try yoga this year!"  
She bends down to stretch, we all give a cheer.  
But one tiny crack and she switches her tune,  
"Let's stick to some knitting and chocolate at noon."

The cat? Oh, he's joining, his goal's to behave,  
No stealing the turkey or digging behave.  
Yet as midnight chimes, he's back to his tricks,  
With mud on the carpet and socks in the mix.

As 2025 kicks off with a cheer,  
We laugh at our plans, but we hold them dear.  
They'll jog to the fridge—his routine's pretty keen.

### The HOB Cookbook

We have been trying for several years to produce a family Cookbook. This may be the year we get serious. But need some help. If your interested let me know.



### Pet Spotlight

Stevie a rescue profile.....



Can we afford to dine out anymore?